

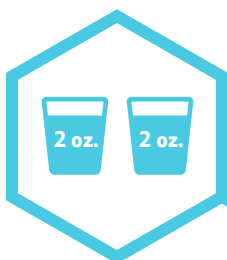
ASEA[®]

REDOX SUPPLEMENT

USAGE GUIDE

ASEA Redox Supplement enhances the ability of every cell in your body to function at a higher level, which can have a positive impact on every system from the day you begin using it.

FOR BEST RESULTS



Drink four ounces of ASEA Redox Supplement every day. We recommend two ounces in the morning and two ounces in the evening.



Consume within one month of opening.



Do not mix ASEA Redox Supplement with anything.



ASEA Redox Supplement may be refrigerated for improved taste.

RESULTS TRACKER

This chart will help you recognize the changes that are happening in your body as you take ASEA Redox Supplement. Rate each function listed from 1-10 (10 being very good) and total the results. Fill out the CURRENT column and track your results each week to see the difference ASEA Redox Supplement is making.

| FUNCTION | CURRENT | DAY 7 | DAY 30 | DAY 60 | DAY 90 |
|------------------|---------|-------|--------|--------|--------|
| Energy | | | | | |
| Stress | | | | | |
| Sleep | | | | | |
| Digestive | | | | | |
| Mental Focus | | | | | |
| Muscle Comfort | | | | | |
| Joint Comfort | | | | | |
| Digestive Issues | | | | | |
| Back Comfort | | | | | |
| Endurance | | | | | |
| Workout Recovery | | | | | |
| Seasonal Issues | | | | | |
| Overall Health | | | | | |
| Other | | | | | |
| Total | | | | | |